

GROUP ACTIVITY

This activity can be used in a small group at church or even with your kids at home!

Suck It Up

Say: In today's story, we heard how Martha was too busy to make time for Jesus. If we're not careful, that can happen to us too. Sometimes we need to stop what we're doing so that we can spend time with Jesus, but other times, we can figure out how to make Jesus a part of our activities. We're going to play a game right now that will help us think of ways that we can make Jesus a part of our activities.

Directions: Have the kids sit in a fairly tight circle. Give every kid a plate with 5 M&Ms® on it and a drinking straw. Tell them they'll have one minute to get rid of all the M&Ms® from their plate. To do so, they have to use only the suction from their straw to pick up an M&M® from their plate and release it onto the plate of the person to either their left or right. If they drop the M&M® outside of a plate, they can pick it up with their hand and return it to their plate. After one minute, tell the kids to stop and count how many M&Ms® they have. Congratulate the kid(s) with the fewest M&Ms®. Next, ask them to count how many M&Ms® of a particular color they have. For each M&M® of that color on their plate, have the kid give that number of answers to the corresponding question below. (For example, if a kid has 2 brown M&Ms®, they have to say 2 ways they can make Jesus a part of their time at school.) When the kids are finished answering the question for a particular color, play another round and repeat the question with another color. You can play up to 6 rounds using the 6 different colors/activities below.

Question: How can you make Jesus a part of your time...

Brown: at school? **Yellow:** in the car/bus? **Red:** playing sports?

Green: hanging out with friends?

Blue: before going to bed? **Orange:** watching TV?

Question: What are some other ways that you can make Jesus a part of your day?







Draw a picture of yourself sitting at the feet of Jesus, just like Mary did.

JOURNAL IT!

What kind of things keep you busy during the week? How can you put spending time with Jesus before all of those things? Write about it.

THIS WEEK WE LEARNED

JESUS, MARY AND MARTHA

BIG IDEA: Jesus is priority #1, so we can make time for Him first.

BIBLE BASIS: Luke 10:38-42

KEY VERSE: "But put God's kingdom first. Do what he wants you to do." Matthew 6:33a (NIrW)



Luke 10:38-42. Draw a picture of the story or write to God about your favorite part of the story. Tell Him why you liked it.



Write a prayer asking Jesus to help you put Him first in your life.

NEXT WEEK'S LESSON

JESUS AND ZACCHAEUS

BIG IDEA: Jesus doesn't look down on people, so we shouldn't either.

BIBLE BASIS: Luke 19:1-10

KEY VERSE: "You must love one another, just as I have loved you." John 13:34 (NIrV)



"But put God's kingdom first. Do what he wants you to do." Matthew 6:33a (NIrV)

BUT PUT GOD'S KINGDOM FIRST, DO WHAT HE WANTS YOU TO DO.

MATTHEW 6:33A